

PRO Meeting
September 7, 2014

Attendance:

Susan Boland
Gabriele Cippilone
Peggy Moore
Marianne Roche
Sally Delise
Kevin McPherson
Judy Dobbs
Kelly Rea
Tracy McGovern
Judy Halper
Patty Fedirko
Meg Mautz
Charles Brynan

The meeting today was sponsored by Patty Fedirko at The School of Body Therapy in Langhorne, PA. Thanks, Patty! Great facility!

1) Announcements:

Next RAA Conference to be held in Anchorage, Alaska the first weekend in May, 2016. Start planning now!

Next PRO meeting March 22, 2015

2) Minutes from last meeting of April, 2014 were read.

3) Gabriele spoke about our organization and initiated discussion regarding the increase of education hours required by RAA and ARCB.

RAA requires 300 hours as of July 1, 2014. ARCB started requiring 300 hours this past January, 2014 for certification; all prior certifications will be accepted.

A question was raised regarding if one had to have 300 hours if they are self taught. Gabriele said this was addressed at the RAA meeting in Santa Fe by Christine Issel, who stated under those circumstances, one would still have to prove that they had 300 hours of continuing education in order to become certified.

Gabriele suggests we all aim for 300 hours and stated the importance of continuing education. She also clarified that at this point in time, our organization is primarily a networking organization. To be a professional organization will require

applying for non-profit status, developing by-laws, becoming incorporated-- and having more members!. All of this costs money, thus the need for more members.

4) Marianne Roche reminded everyone that at the last meeting we talked about PRO sponsoring continuing education classes. Mention was made of Jeff McCreary bringing Dr. Mancanares from Spain. Someone else mentioned that they thought Maryland was sponsoring the Danish couple who teach TouchPoint Reflexology. I have since checked their web site and have found nothing there. Perhaps if anyone hears about this, they can share the information.

5) Continuing education and Conference experiences were shared:

Judith Halper, Charles Brynan and Gabriele Cippolone shared their experiences at the RAA national meeting in Santa Fe this past May. Judith especially liked the presentation by Kristen Radden, who talked about assessing and reading the feet.

Charles Brynan shared information about the Danish couple, Peter Frandsen & Dorthe Krogsgaard, who teach TouchPoint reflexology. In Denmark, Reflexology is the #1 modality of alternative care! (Their schools there require somewhere in the ballpark of 1,000 hours of education.)

Charles led Tai Chi classes each morning before sessions at the Conference started. We unanimously suggested he lead us all in a class at our next meeting. Thanks in advance, Charles!

Gabriele spoke about the massage therapist, Claire Marie Miller, who presented her own mapping of the feet, which proved to be very similar to present day maps. Gabriele also stated she was impressed with the presentation by Dr. Martine Faure-Alderson, from France. Dr. Faure- Alderson works with paralyzed patients. (She is also known for her application of Cranial Sacral Therapy onto the feet). In her presentation, she showed reflexes on the big toe, very specific for each part of the brain, focusing her presentation on the brain treatment.

Susan Boland spoke briefly about her experience in Spain this past April attending Lone Sorensen's week of continuing education classes. Individual classes included Teeth -- How physical and mental conditions have influence on our teeth (and how to treat them on the feet), Mother and Baby Reflex Therapy, Brodman's points (for working specific areas of the brain, for instance for learning problems), Treatment protocols for Diabetes patients (this works! I have a client who already is needing less insulin since we started.), Japanese Face Lifting (a face lift without the surgery!), and TCM (Traditional Chinese Medicine) Foot Reflex Therapy. Yep, my brain was ready to burst when the week was over. I had also studied with Lone for a week in January in Tuscon, Arizona learning about Hormone balancing, Weight loss, Ocular Therapy, and Neuro Foot. In September, I will be going to Poland for Lone's first International Brain Conference. Yes. Addicting!

6) Refreshments were served.

7) Gabriele showed the TouchPoint video and lead a hands-on practice of working some of their foot points such as the psoas muscle (feels sooooo good!) This particular video focuses on treating for stress. Spinal and ANS points are addressed as well as sphincters, vagal nerve, and chakras. Everyone enjoyed the practical aspect to the meeting and expressed a desire for more next meeting.

The meeting was adjourned at 4pm.

Remember, next meeting March 22, 2015. Same veunue -- The School of Body Therapy in Langhorne, PA.

Have a super happy Halloween, Thanksgiving and Holiday season!! See you all next year!

Minutes by Susan Boland